

Medications That Interfere With Allergy Testing

Many common medications, especially antihistamines, interfere with allergy skin testing. Antihistamines are in many over-the-counter medications for allergies, colds and sinus problems. It is important to stop taking these medications at least **3-5 full days prior** to your visit so that skin testing can be performed at your appointment.

If you are currently experiencing significant skin symptoms such as hives (urticaria) or swelling (angioedema), or if you were put on antihistamines for a severe allergic reaction (anaphylaxis), **DO NOT STOP** your antihistamines without contacting our office at 518-434-1446.

H1 Antihistamines (Oral/Eye Drops) – Stop taking 3-5 full days before visit.

Allegra (Fexofenadine)	Chlorpheniramine	Unisom (Doxylamine)	Eye Drops
Benadryl (Diphenhydramine)	Tavist (Clemastine)	Vistaril (Hydroxyzine)	Optivar Eye Drops (Azelastine)
Claritin (Loratadine)	Tylenol Allergy Sinus	Atarax (Hydroxyzine)	Elestat Eye Drop
Clarinex (Desloratadine)	Tylenol Flu Nighttime	Meclizine	Patanol/Pataday/Pazeo
Zyrtec (Cetirizine)	Tylenol Cold and Flu	Actifed (Triprolidine)	Eye Drops (Olopatadine)
Xyzal (Levocetirizine)	Dimetapp	Chlor-Trimeton	Zaditor (Ketotifen)
Cyproheptadine (Periactin)	Dramamine (Dimenhydrinate)		

Sleep Aids/Cold & Flu Medications: Many OTC medications contain antihistamines – Check for Diphenhydramine or “PM”

H1 Antihistamine Nasal Sprays – Stop taking 48 hours before visit.

Astelin/Astepro (azelastine)	Dymista	Patanase (Olopatadine)	Ryaltris
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H2 Blocking Medications (Reduces Stomach Acid) – Stop taking 48 hours before visit.

Pepcid (Famotidine)	Tagamet (Cimetidine)
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Asthma Inhalers and Singulair (Montelukast) do **NOT** interfere with testing. Continue taking these medications as prescribed.

Corticosteroid Nasal Sprays do **NOT** interfere with testing and **should be continued**.

Flonase (Fluticasone)	Nasacort (Triamcinolone)	Omnaris (Ciclesonide)	QNASL
Nasonex (Mometasone)	Nasalide	Rhinocort (Budesonide)	Veramyst/Flonase Sensimist

Other Medications – Other types of medication may interfere with skin testing. **DO NOT DISCONTINUE THEM UNLESS INSTRUCTED BY A HEALTHCARE PROVIDER**. Our physician will discuss the appropriate diagnostic approach to your case at your visit.

Anafranil (Clomipramine)	Compazine (Prochlorperazine)	Pamelor (Nortriptyline)	Tofranil (Imipramine)
Alprazolam (Xanax)	Diazepam	Phenergan (Promethazine)	Trazadone
Asendin (Amoxapine)	Elavil (Amitriptyline)	Seroquel (Quetiapine)	Vistaril (Protriptyline)
Clonazepam (Klonopin)	Norpramin (Desipramine)	Sinequan (Doxepin)	